



**North East and
North Cumbria**

People and Scrutiny Committee

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Local Delivery Team

NENC Integrated Care Board

Overview

- The Tees Valley health landscape
- Our key health issues, challenges and opportunities
- Matters for the Committee to note over the next 12 months



The scale and size of our population health challenge

Middlesbrough

Whole Population

Inequalities



Female **79.6**
Male **74.5**
life expectancy at birth (years)

life expectancy in the most deprived areas is much lower than in the least deprived areas

Female **12.2**
Male **13.4**
(years)



37% of under 16s live in **low income families**



61% of children are **school ready** at end of reception

within NENC there is a **21%** gap in school readiness between children eligible and not eligible for free school meals

Most Prevalent Long Term Conditions (All Ages)



31,100 (18%) have **anxiety**



23,400 (13%) have **hypertension**



23,900 (14%) have **depression**



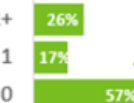
21,000 (12%) have **osteoarthritis**



11,600 (7%) have **diabetes**

Multi Morbidity

Number of LTCs



26% of people live with **2 or more long term conditions**

Proportion of people with 2+ LTCs is lower in more deprived communities

Most **↓ 24%**
Least **↓ 29%**
deprivation

Risk Factors



19% are **smokers** (where smoking status recorded)



38% are **obese** (where BMI recorded)



16% have **increased or high alcohol risk** (where alcohol status recorded)

Primary care data sourced from RAIDR, other metrics from Fingertips. Version: 04/07/2024

Children and Young People

Most Prevalent Long Term Conditions (Aged Under 18)



1,000 (3%) have **autism**



1,400 (4%) have **asthma**



700 (2%) have **anxiety**



100 (0.4%) have **learning disabilities**



100 (0.4%) have **epilepsy**



100 (0.2%) have **diabetes**

Obesity



13% of children in **reception** are **obese**



28% of children in **year 6** are **obese**

Across North East region, year 6 obesity rates are higher in more deprived communities

deprivation
Most **↓ 34%**
Least **↓ 15%**

Mental Health



31 deaths by **suicide** aged **7 to 18** in NENC (2018/19 to 2022/23)

Adults

Lung Cancer



93.6 per 100k incidence of **lung cancer** in NENC 2020 (England 71.0)

Incidence of lung cancer is higher in more deprived communities

Most **↓ 142.3**
Least **↓ 51.8**
deprivation

Respiratory



12,400 (10%) have a **respiratory condition**

Back Pain



1,900 people attended A&E for **back pain** (last 2 years)

People attending A&E for back pain are more likely to have mental health conditions

35% anxiety
33% depression



60% of adults expected to experience **back pain** during lifetime (England)

Anxiety and Depression



rates of **anxiety** are higher in more deprived communities

Most **↓ 22%**
Least **↓ 21%**
deprivation



rates of **depression** are higher in more deprived communities

Most **↓ 18%**
Least **↓ 14%**
deprivation



23,000 (18%) have **3+** risk factors for **cardiovascular disease**

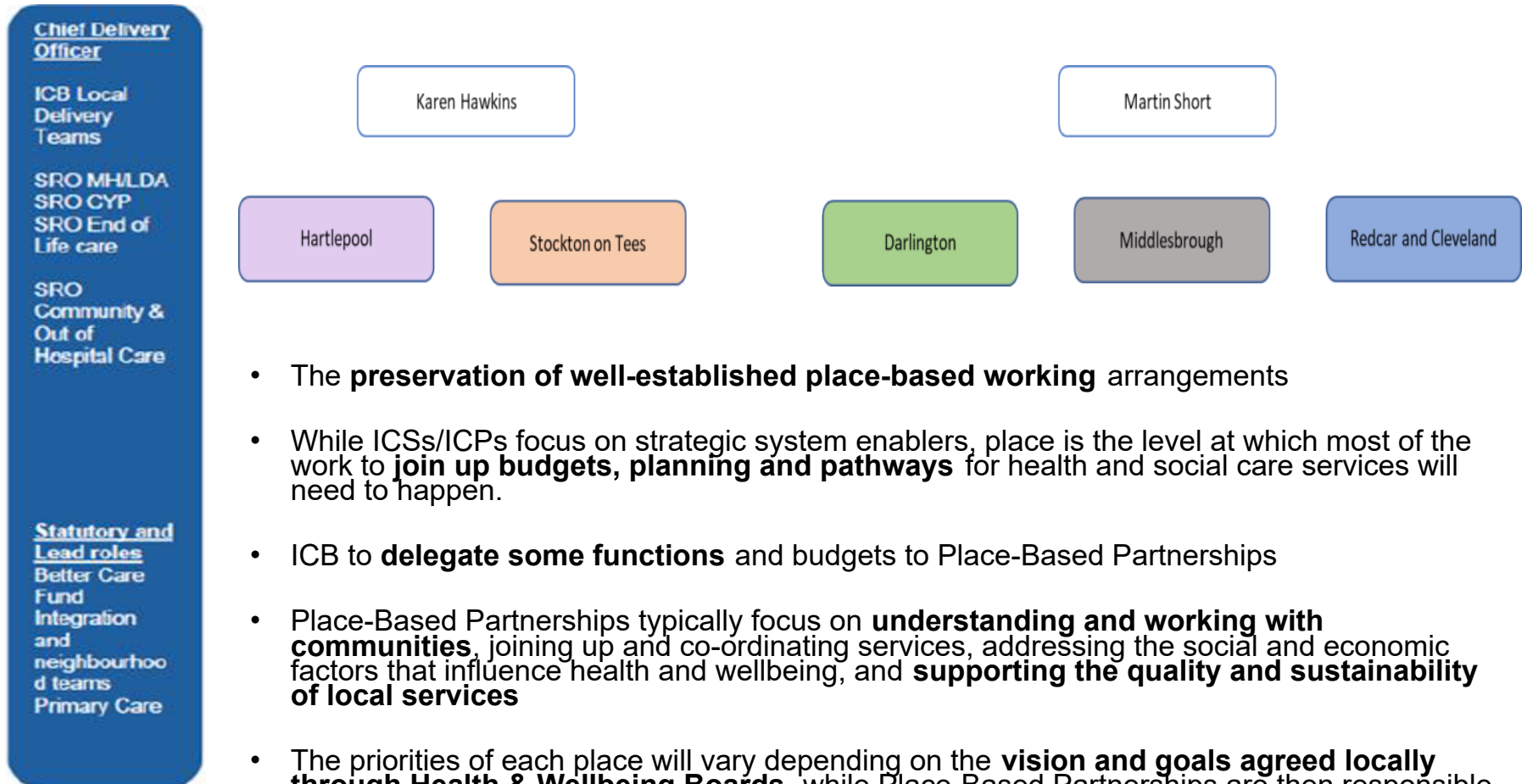
Our patch: the North East and North Cumbria



SIZE & SCALE



Local Delivery Team



- The **preservation of well-established place-based working** arrangements
- While ICSs/ICPs focus on strategic system enablers, place is the level at which most of the work to **join up budgets, planning and pathways** for health and social care services will need to happen.
- ICB to **delegate some functions** and budgets to Place-Based Partnerships
- Place-Based Partnerships typically focus on **understanding and working with communities**, joining up and co-ordinating services, addressing the social and economic factors that influence health and wellbeing, and **supporting the quality and sustainability of local services**
- The priorities of each place will vary depending on the **vision and goals agreed locally through Health & Wellbeing Boards**, while Place-Based Partnerships are then responsible for overseeing the delivery of this strategy, reporting to the HWB on a regular basis.

Key issues, challenges and opportunities

- Key clinical focus areas include: Respiratory Health, CVD Health, Anxiety and Mental Health, Autism and Learning Disabilities
- Ambitious Work programme focused on:



- Health and WellBeing Board Strategy Refresh
- Financial challenges across the Integrated Care System
- Partnership Place – based opportunity for discussion and review

Matters for the Committee to note

- **Special Allocation Scheme**

An Expression of Interest exercise was undertaken across practices in Middlesbrough and Redcar, to advise of an opportunity to provide the SAS Directed Enhanced Service (DES) in the South Tees area when the current contract ends on 30th September 2024. One expression of interest has been received and the ICB is now supporting conversations with the provider to secure this future provision back in the local area.

- **Dental recovery progress update**

- **Speech and Language CYP Services**

Tees Valley procurement process, engagement activities planned over the coming months to inform future service provision

- **Children's Mental Health**

Getting Help system review to improve equity and equality (Tees Valley)



Any Questions?